

## Registration Fee

- ▶ \$35 on or before October 12, 2007
- ▶ **Family Rate:** \$60 per couple; \$25 for each additional family member
- ▶ \$40 day of event
- ▶ **Family Rate:** \$70 per couple; \$30 for each additional family member

## Supporting Agriculture

Proceeds from the ride go to support the Resource Conservation & Development (RC&D) Program. King's Mark RC&D is a 501(c)3 non-profit committed to the protection and preservation of natural resources in the State of Connecticut.

## Agenda

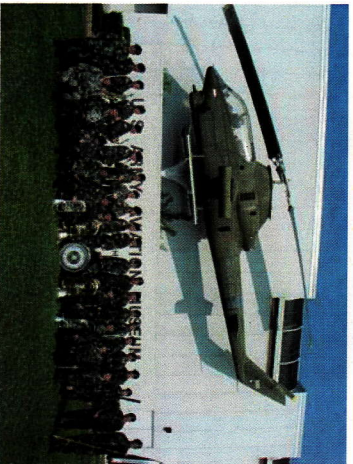
### 8:00 AM Registration -

Refreshments have been provided by local farms and food distributors - think globally/eat locally - support your local farms. Check out the displays from folks who love this region. Participants are welcome to begin their ride after completing registration.

## Farm Bucks

Participants will receive five *Farm Bucks* with their registration. *Farm Bucks* are honored at all farm stops the **day of the event only**.

## Performance by:



102<sup>nd</sup> Army Band - 1:00 PM  
(Free and open to the public)

## Sponsors & Partners

- ▶ King's Mark Resource Conservation & Development Area
- ▶ Eastern Connecticut Resource Conservation & Development Area
- ▶ USDA-Natural Resources Conservation Service
- ▶ USDA-Farm Service Agency
- ▶ Southwest Soil & Water Conservation District
- ▶ Guilford Agricultural Commission
- ▶ TopNotch Dry Cleaning & Tailors of Wallingford
- ▶ Wilber & King Nurseries
- ▶ Guilford Saving Bank
- ▶ Bishop's Orchard
- ▶ Town of Guilford
- ▶ Town of Branford
- ▶ Town of North Branford
- ▶ Town of Wallingford
- ▶ Town of Durham
- ▶ Town of Middlefield

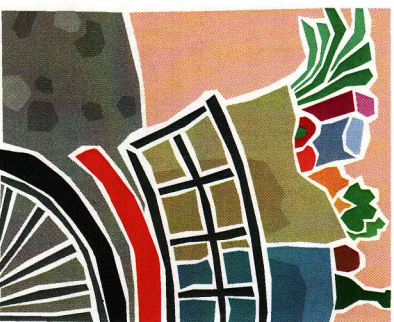
## Please Note

- ▶ Cyclists must wear a helmet.
- ▶ All entrants are encouraged to carry water bottles.
- ▶ Cyclists must be age 12 or older.
- ▶ Event takes place rain or shine.
- ▶ Ride is limited to the first 500 registrants.
- ▶ All entrants will be required to sign a release upon check-in.

## Tour des Farms

*From The Guilford  
Shores To The Hills*

October 13, 2007  
8:00 AM



## Support

- ▶ **Local Agriculture**
- ▶ **Alternative Transportation**
- ▶ **Your Health**

Pedal through some of Connecticut's most beautiful farmland. Get to know the diversity of Connecticut's agricultural production. You can shop for local produce as you ride and we will pick up your purchases and deliver them back to the gathering spot for you. Ride options are a 10 mile route; 19 mile route; 28 mile route; and a metric century (62 mile route) with stops at a rose farm, vegetable farms, orchards, nurseries, and a winery.



## The Routes

Four routes are available to lead you on a scenic tour of some of the state's most beautiful and productive farmland. Stop at local farms and get to know the diversity of the Connecticut's agricultural production. Shop for local produce as you ride and we'll pick up and deliver them back to the gathering spot for you.

### **Starting Point - The Guilford Fairgrounds**

**Directions:** From I-95 take Exit 58 (Route 77). At the bottom of the ramp, turn in the direction of the Town of Guilford and the Whitfield Museum. Go approximately 8/10 of a mile to the Guilford Town Green and turn right, then a quick left onto Whitfield Street. Go 5/10 of a mile and bare left at the fork towards the Whitfield Museum. Take a quick left onto Stonehouse Lane. Go 2/10 of a mile and turn left onto Lovers Lane, and then left into the Guilford Fairgrounds.

## Some of the Farms on the Route

**Wilber & King Nurseries** - Offers high quality woody plants, perennials, and annuals. Stroll through the meticulously maintained gardens with the look of a gracious country estate. Landscaping services and garden maintenance are also offered.

**Pinchbeck Rose Farm** - Walk through the greenhouses of this 70-year-old farm and enjoy the beauty and aroma of fresh growing roses. You will receive a complimentary rose bud at the end of the ride.

**Bishop's Orchard** - Since 1871, this 300 acre, six generation farm has had its own bakery and winery. Enjoy the Ice Cream Shack featuring cider donuts. They also offer fresh flowers, meats, apples, peaches, and the homemade apple pie is to die for!

**Strawberry Hollow Farm** - Nestled in a country setting, the farm features a variety of unusual horticultural items such as blue, red, and calico pumpkins, and giant pumpkins weighing up to 300 lbs. Visit the store featuring handcrafted items.

**Olympia Farm** - Enjoy fresh eggs off the farm, you can even buy a goat. Wool, yarn, and other sheep items also offered. Dairy to open soon

**La Bella's Farm and Country Store** - Family owned/operated farm offers seasonal goods May-December including annuals, perennials, baskets, vegetable transplants, and naturally-grown vegetables freshly picked; pre-cut and cut-your-own Christmas trees, handmade wreaths and centerpieces, and more available during the holidays.

**Van Wilgen's Garden Center** - Garden center with park-like grounds offers annuals, perennials, trees, shrubs, greenhouse plants, containers, garden accessories, and home décor for the holidays. View the antique *Farmall* tractor collection.

**DeFrancesco Farm** - Fresh Italian bread and stuffed breads baked daily. Challenge yourself in the mini corn maze. Farm also offers fresh vegetables, pumpkins, and mums.

**Medlyn's Farm Market** - Offers greenhouse tomatoes, sweet corn, eggplant, squash, strawberries, peppers, beans, potatoes, rhubarb, pumpkins, eggs, cut flowers, and jams and jellies.

**Guilford Lobster Pound** - (Located on *Long Island Sound*) stop by and enjoy fresh lobster salad and crackers. Buy fresh lobsters ready to steam for your evening meal. Bart Mansi (owner) will hold your purchases in the salt water tank until 5 PM.

**Gouveia Vineyards** - Enjoy wine tasting and spectacular views. Gift certificates and baskets are available.

**Lyman Orchards** - This farm is 1,100 acres of family fun! Visit the corn maze; pick-your-own crops; shop for fresh picked vegetables; or enjoy fresh apple cider and items from the bakery. Open year round.

**Wetternann Farm** - This newly established farm stand offers mums, pumpkins, hay bales, Indian corn, maple syrup, eggs, honey, and more. Enjoy fresh squeezed lemonade.

**The Dudley Farm** - The rooms, furnishings, and stories of this farm tour will take you back to the early 1900s. Grounds include period flower and herb gardens, a farm garden, cropland, and meadows.

*Keep in mind some items are seasonal and may not be available at the time of the ride.*

Log on to [www.active.com](http://www.active.com) or complete registration form and mail - with a check made out to King's Mark RC&D - to: 900 Northrop Rd., Suite A, Wallingford, CT 06492

For additional information, call (203) 284-3663 Ext.3.

Entrant's Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

T-shirt size (Only guaranteed with early registration) \_\_\_\_\_

Small \_\_\_\_\_

Medium \_\_\_\_\_

Large \_\_\_\_\_

X-Large \_\_\_\_\_

XX-Large \_\_\_\_\_